

# MISTICA

THE MOST POWERFUL BRAZILIAN AÇAÍ  
FRUIT BLEND ON THE MARKET

*Are you interested in slowing down the  
aging process? Obviously, the answer is*

*YES, but is it even possible?*

Scientific data conclusively shows that oxidative stress is a major contributor to most disease processes in the body. Further, an excess of free radical activity in the body results in the breakdown of living tissue and increases the aging process.

Over the past 20 years, science has raced to discover how to impede the natural process of aging and stop this oxidative stress.

Clinical data suggests that plant chemicals rich in antioxidants can stave off the aging process significantly.

*Independent clinical testing shows that*

*Mistica reduces free radical damage by*

*as much as 43%!*



# MISTICA®



## Brazilian Açaí

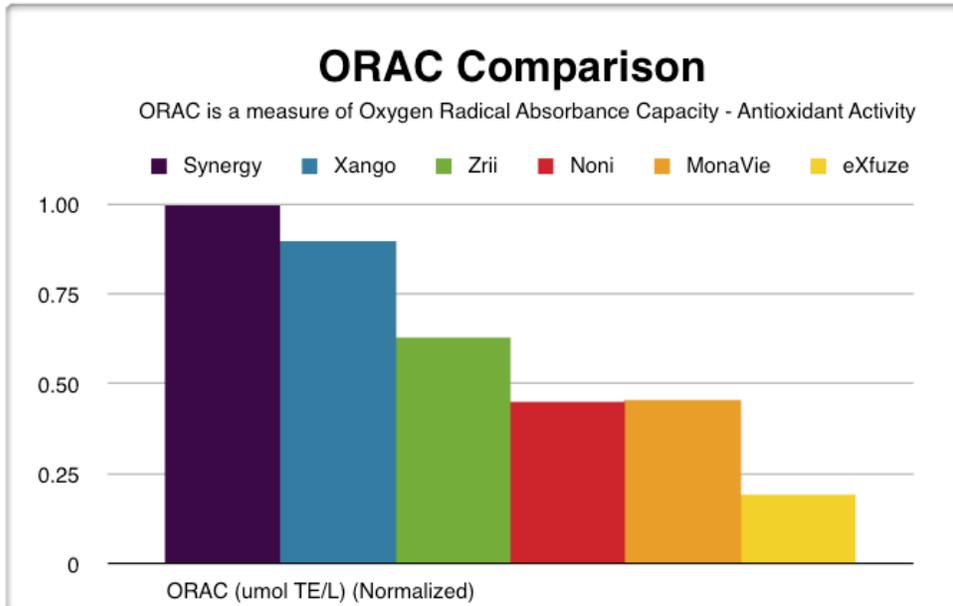
*Exotic Antioxidant Fruit Blend*

Dietary Supplement

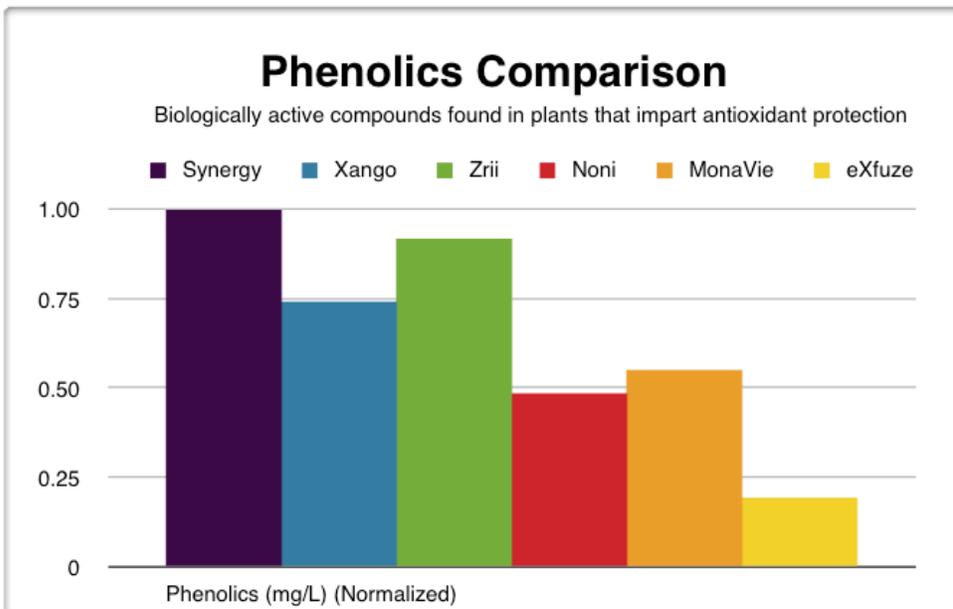


1.56 PINTS (740 ML)

## INDEPENDENT CLINICAL TEST PERFORMED BY BRUNSWICK LABORATORIES



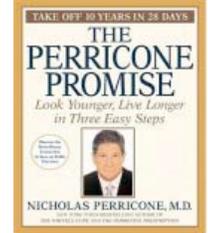
ORAC COMPARISON	Orac (umol TE/L)	Normalized Orac
Mistica	38153	1
Xango	34398	0.902
Zrii	24179	0.634
Noni	17202	1.451
MonaVie	18178	0.476
eXfuze Seven	7453	0.195



PHENOLIC COMPARISON	Phenolics (mg/L)	Normalized Phenolics
Mistica	2968.3	1
Xango	2210.47	0.745
Zrii	2730.02	0.920
Noni	1438.89	0.485
MonaVie	1541.95	0.519
eXfuze Seven	585.91	0.197

## AÇAÍ - THE MOST POWERFUL SUPERFOOD IN THE WORLD!

In his best-selling book *The Perricone Promise*, internationally known natural health expert Dr. Nicholas Perricone lists 10 super foods that can help you look younger, feel better, and promote long life.



Dr. Perricone was so impressed with the Brazilian Açai berry, he put it at the top of his list!

He calls the Brazilian Açai berry, **“one of the most nutritious and powerful foods in the world.”**

No other fruit can claim the extraordinary combination of antioxidants, amino acids, anthocyanins, and essential fatty acids than the Brazilian Açai Berry and is why **Oprah Winfrey lists it as the #1 Superfood** on her website.

Articles extolling the virtues of açai have appeared in the **Washington Post, Wall Street Journal, Men’s Journal, Health Sciences Institute, New York Times and Time Magazine.**

## MISTICA BENEFITS

\*Antioxidants to help counter cell inflammation and premature aging!

\*Anthocyanins to support the cardiovascular system!

\*Essential fatty acids to aid in digestive tract function!

\*Phytosterols to help maintain normal cholesterol levels!

\*Amino acids for enhance muscular activity and regeneration!

\*Provides support for maintaining a healthy prostate!

\*Aids in maintaining a healthy immune system!

\*Promotes greater energy and stamina!

\*Protects against vascular and cellular free-radical damage!

Synergy WorldWide manufacturers Mistica and is a division of Nature's Sunshine Products (NSP), a highly respected company in the herbal-health industry. Natures Sunshine is a debt-free industry giant. In 2002, Nutritional Outlook magazine selected NSP as Supplement Manufacturer of the Year.



Synergy WorldWide is a world leader in health, anti-aging, and wellness products.

## DR. NORM SHEALY

JOINS SYNERGY'S MEDICAL ADVISORY BOARD



Dr. Shealy entered Duke University at age 16 and Duke Medical School at 19. He is board-certified in neurological surgery. In 1977 he earned a Ph.D. in psychology from Saybrook Institute, the leading humanistic psychology school.

**Dr. Shealy has appeared on numerous national TV programs, including Good Morning America, the Today Show, and Oprah.** For 20 years he has had the most popular call-in radio show in the Ozarks on KWTO, 560 AM.

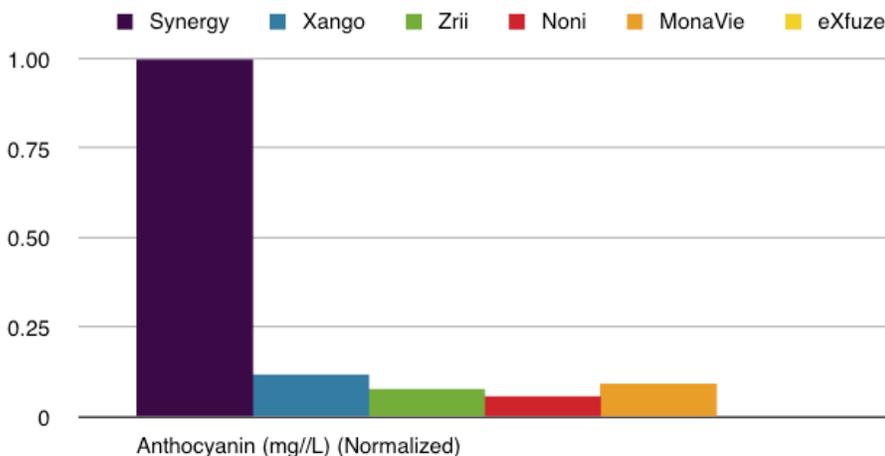
In Dr. Shealy's own words, **"After years of examining every kind of functional food beverage, and hundreds of vitamin and herbal supplements, I have finally found a product that will actually make a significant improvement in oxidative damage."**

Dr. Shealy agreed to conduct a trial to examine the effects of Mistica on free radical damage. According to Dr. Shealy, **"The results of the study were so impressive that I am thoroughly convinced that Mistica is a powerful and effective antioxidant. Mistica can help mitigate the effects of free radical damage in the body. This is the first, and only, example of a food supplement that I have found to have a significant impact on cellular membrane integrity."**

Dr. Shealy concludes by saying, **"You can harness this new knowledge by being proactive and assessing the free radical damage you are experiencing, and by using Mistica to mitigate the pervasive effects thereof. In my opinion, by doing so you will be taking a powerful step toward taking control of your personal health."**

### Anthocyanin Comparison

Anthocyanins impart color to plants providing powerful antioxidant protection



#### ANTHOCYANIN COMPARISON

Mistica  
Xango  
Zrii  
Noni  
MonaVie  
eXfuze Seven

#### Anthocyanin (mg/L)

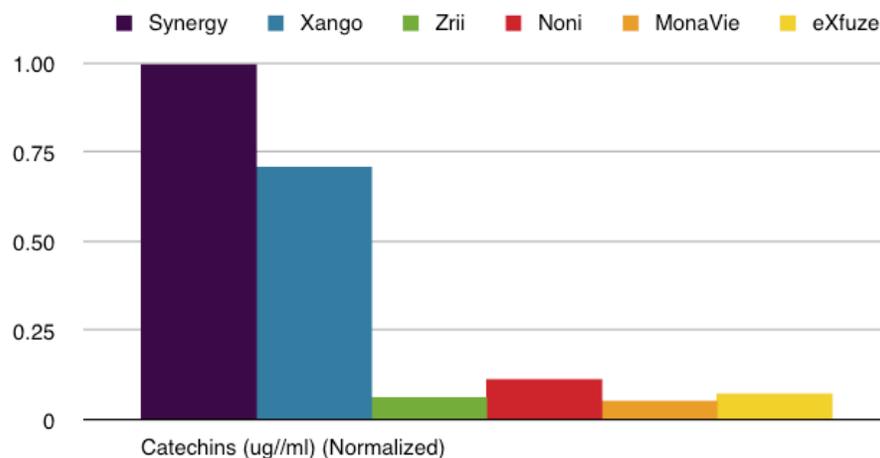
410.2  
50.27  
33.59  
24.29  
39.98  
0

#### Normalized Anthocyanin

1  
0.1225  
0.0819  
0.0592  
0.0975  
0.0000

### Catechins Comparison

Biologically active compounds found in plants that impart antioxidant protection



#### CATECHINS COMPARISON

Mistica  
Xango  
Zrii  
Noni  
MonaVie  
eXfuze Seven

#### Catechins (ug/L)

129  
92  
8.4  
15  
7  
9.8

#### Normalized Catechins

1  
0.713  
0.065  
0.116  
0.054  
0.076